

**AUGUST 10, 2025**

## **OUR BODIES BELONG TO GOD**

**1 Corinthians 6:12-20**

**Lesson Aim:** To explain the importance of honoring God with our bodies.

**Key Verse:** “Do you know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own.”  
(1Corinthians 6:19)

### **Lesson Concepts:**

1. Some things might be lawful, yet not helpful.(12a)
2. Some things might be lawful and yet they might be enslaving. (12b)
3. Our bodies belong to the Lord, not us. (v. 13)
4. Our bodies will always be important to God. (vv. 14-15, 19).
5. We should honor God with our bodies.(vv. 16,17)
6. Sexual sin is sin against one's own body, so avoid it (v. 18).
7. Our bodies are valuable to God. (v. 20)